

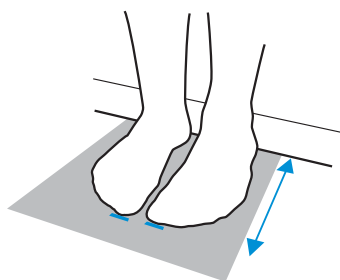
WIDE + DEEP Ladies Fitting Guide

1. Measuring your feet

Your first step is to carefully measure your feet – you may find it helpful to have a friend assist you...

TIPS FOR BETTER MEASUREMENT: Wear the socks/hosiery you would normally wear and take measurements towards the end of the day – your feet will usually expand during the course of the day.

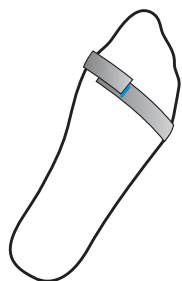
MEASURE YOUR FOOT LENGTH



- 1 Put a piece of paper on the floor against a wall. Stand on the paper with heels against the wall.
- 2 For each foot mark the paper at the tip of the longest toe.
- 3 Measure in mm the distance from the edge of the paper to the furthest mark and record it here:

FOOT LENGTH mm

MEASURE YOUR FOOT GIRTH



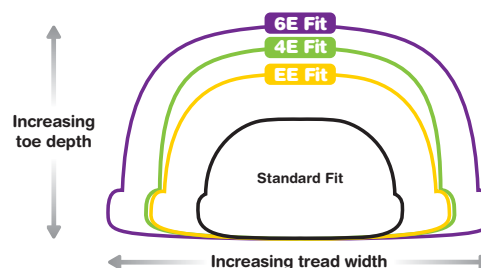
- 1 Wrap a thin strip of paper around the widest part of each foot just behind the toes.
- 2 For both feet, with the foot flat on the floor, mark the paper at the point it begins to overlap.
- 3 Measure in mm from the edge of the paper to the furthest mark and record it here:

FOOT GIRTH mm

2. Find your perfect fitting

Having measured your feet as shown you can now find your perfect fitting.

Find your fitting in the table below and then choose from the range of shoes and sandals.



EE EXTRA WIDE

Our EE fitting shoes are wider than high street shoes. The wider tread and round toe box ensure there is plenty of width where it is most required.

4E EXTRA WIDE, EXTRA DEEP

Our 4E fit shoes are as wide in tread as our EE, but have an even deeper toe box to accommodate feet that need extra depth.

EE/4E VARIABLE EE/4E

Features a removable insole that changes the shoe from an EE to a 4E fitting.

6E EXTREME WIDTH AND DEPTH

Our 6E fitting shoes are some of the widest, deepest shoes available. These shoes have extra width in the tread area and extra depth ensuring a perfect fit whatever your foot condition. Two removable insoles allow even more depth if required.

LADIES FITTING CHART

Find your *Foot Length* in the left column to identify your **SHOE SIZE***, move across the table to the first measurement greater than your *Foot Girth* to identify your **FITTING**:

FOOT LENGTH	FOOT GIRTH			
	feet too narrow for our shoes	EE	4E & EE/4E	6E
226-233mm – SIZE 3	212mm	218mm	230mm	243mm
234-242mm – SIZE 4	218mm	224mm	237mm	249mm
243-250mm – SIZE 5	224mm	230mm	243mm	256mm
251-258mm – SIZE 6	230mm	237mm	249mm	263mm
259-267mm – SIZE 7	237mm	243mm	256mm	268mm
268-275mm – SIZE 8	243mm	249mm	262mm	275mm

*YOU MAY BE A SMALLER SIZE THAN YOU EXPECTED. On the high street people often have to buy shoes that are bigger than they really need just to fit wider feet. Our Wide + Deep shoes should be both the correct length and width for your feet.